

LUBRICANTS

(Short acting, to be used immediately before intercourse)

WATER BASED LUBRICANTS W/ GLYCERIN				
	ID Glide	Pjur Med Glide Skin Repair	Probe Thick Rich	Sensura
Consistency (cushion)	Thinnest	Thin	Thicker	Thickest
No "Chemicals"		X	X	
Reduce Yeast Infections				
Prevent Condom Breakage	X	X		XXX
Moisturize Vulva/Vagina due to Discomfort or Dryness		XXX		XX
Post-pregnancy Dryness		XXX		X
Trying to Become Pregnant (ideal: 6.5-7.0)				
Acidic/Base "pH" (normal premenopausal vaginal pH = 4.5-5.5)	5.2 (Normal vaginal pH)	4.8 (Normal vaginal pH)	5.8 (Hi-normal vaginal pH)	4.6 (Normal vaginal pH)

* Sourced from www.awomanstouchonline.com

WATER BASED LUBRICANTS WITHOUT GLYCERIN											
	Pleasure Glide	Sliquid Organics Natural (blue)	Sliquid Organics Silk (green)	Liquid Silk	Pre~	Sliquid Oceanics (brown)	Slippery Stuff Gel	Pre~Seed Fertility	Sliquid Gel (purple)	Pink Indulgence	Maximus
Consistency (cushion)	Thinnest	Thinner	Thin	Thin	Thin	Thick	Thick	Thick	Thicker	Thicker	Thickest
No "Chemicals"			?			X		X	X		
Reduce Yeast Infections	X	X	X	XXX						XX	X
Prevent Condom Breakage	X	X	X	XX	X	X	X	X	X	X	XXX
Moisturize Vulva/Vagina due to Discomfort or Dryness		X	XX	XXX		XX	XX		XX	XX	
Post-pregnancy Dryness		X	X	XX		X	X			XX	X
Trying to Become Pregnant (ideal: 6.5-7.0)					XX			XXX			
Acidic/Base "pH" (normal premenopausal vaginal pH = 4.5-5.5)	5.8 (Hi-normal vaginal pH)	6.0 (High vaginal pH)	6.5 (Very high vaginal pH)	5.2 (Normal vaginal pH)	7.0 (Very high vaginal pH)	7.0 (Very high vaginal pH)	6.3 (High vaginal pH)	6.8 (Very high vaginal pH)	4.8 (Normal vaginal pH)	5.2 (Normal vaginal pH)	5.0 (Normal vaginal pH)

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SILICONE BASED LUBRICANTS						
	ID Millenium	Eros	Pink Silicone w/ Aloe	UberLube	System JO	Eros Gel
Consistency (cushion)	Thinnest	Thin	Thick	Thick	Thicker	Thickest
No "Chemicals"						
Reduce Yeast Infections	XX	XX	XX	XX	XX	XX
Prevent Condom Breakage	XX	XX	XX	XX		
Moisturize Vulva/Vagina due to Discomfort or Dryness	XX	XX	XX	XX	XX	XX
Post-pregnancy Dryness	X	X	XX	X	X	X
Trying to Become Pregnant (ideal: 6.5-7.0)	X	X				
Acidic/Base "pH" (normal premenopausal vaginal pH = 4.5-5.5)	4.4 (Acidic vaginal pH)	4.8 (Normal vaginal pH)	4.4 (Acidic vaginal pH)	4.6 (Acidic vaginal pH)	4.6 (Acidic vaginal pH)	4.4 (Acidic vaginal pH)

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